

KI Culture Day 10 November 2021

**Lose Yourself in Dance
Art & Science in Motion**



**MF, Nobels väg 10, KI Solna campus at 15 – 17
Mingel, dance, show, drinks, food 17 – 21**

Doors open 14.45. Chamber music, Stroket, MF

**Karolinska Institutet
KI Council for Cultural Affairs with MF and OF**



PROGRAM

15.00

Welcome by the Conferenciers of the evening

Vickie Leung, OF and Maya Tourkaman, MF

Science & Culture. Opening remarks

Ole Petter Ottersen, president of KI

Ballet. The Ballet Academy of Stockholm

Choreograph (duet): Eytan Sivak. Dancers: Maja Dahlbäck and Lotta Asmyhr (the Academies professional education. Music: The Books - Cello Song / featuring José Gonzáles
Producer: Åsa Åström, dancer, coordinator Dance for Parkinson and Dance for Health

15.20

Dance for health. Anna Starbrink

Regional Chair for Healthcare, also responsible for regional culture– Region Stockholm.
Leader of The Liberals in the Region Stockholm Assembly

Anna Duberg

PhD in Health Sciences, Örebro University and Physiotherapist in psychiatry

Get your groove on: Sound, stand, shake

Ina Schuppe Koistinen, PhD, Associate professor MTC, KI

15.50

Dancing as treatment support in Parkinsons disease

Per Svenningsson, senior physician and professor in neurology at Karolinska Institutet and Karolinska University Hospital. Åsa Åström, Ballet Academy of Stockholm, dancer, coordinator Dance for Parkinson and Dance for Health

Get your groove on: Synchronization

16.15

Perceiving movement. Stage conversation. Including danced illustration by Fredrik Rydman.

Fredrik "Benke" Rydman, choreographer, Ole Petter Ottersen, president KI, Andreas Olsson, professor of psychology, KI, Mats Lekander, professor of psychology, KI and SU

Get your groove on: Smile

Announcement of the KI Cultural Award 2021

Ole Petter Ottersen, president KI
Winner

Lose yourself in dance

Blåslaget and Dragplåstret (lead Maya Tourkaman), MF

17 – 21

After-groove

Music, mingel, drink, small food, small talk, dancing

Blåslaget and Dragplåstret (lead Maya Tourkaman), MF

Groove (Ina Schuppe Koistinen)

Dance music

Presentations

Ole Petter Ottersen

President KI

The Ballet Academy of Stockholm

Choreographer (duet): Eytan Sivak

Dancers: Maja Dahlbäck and Lotta Asmyhr (from the Academies program for professional training).

Music: The Books - Cello Song / featuring José Gonzáles

Anna Duberg

PhD in Health Sciences, Örebro University and Physiotherapist in child and adolescent psychiatry. Her research highlights how participation in dance can improve health for teenage girls with stress-related problems. The method "Dance for Health" is today widely implemented to complement School health care nationally and was awarded "The innovator of the year in Swedish healthcare" in 2019 (by Dagens medicin).

Ina Schuppe Koistinen

Associate professor, KI, studies the role of the microbiome in inflammatory diseases of the gut and women's reproductive health. Ina is also an artist and teaches yoga and groove at the KI Health Promotion Unit.

Mats Lekander

Professor of psychology, KI and SU. Mats acts in the interface between psychology and biomedicine, and investigates brain-immune interaction and sickness while keeping an eye on the cultural scene in Stockholm.

Andreas Olsson

Professor of psychology, KI. Andreas investigates emotional learning and social communication and directs the Emotion Lab.

Fredrik "Benke" Rydman

Choreographer and dancer. Former member of Bounce Streetdance Company. Has choreographed and directed dance classics as well as acts in the Eurovision Song Contest.

Anna Starbrink

Regional Chair for Healthcare and also with responsibility for regional culture–Region Stockholm

Leader of The Liberals in the Region Stockholm Assembly

Per Svenningsson

Senior physician and professor in neurology at Karolinska Institutet and Karolinska University Hospital. He has a special interest in movement disorders and is mainly following persons with Parkinsons disease.

Åsa N. Åström

Åsa is a practitioner and coordinator for Dance for Parkinson and Dance for Health at Balettakademien in Stockholm, Sweden. Åsa has been a professional dancer for 20 years in contemporary dance companies and been teaching since 2000. She is a educated Dance for PD teacher and been working in elderly homes and with refugees with dance.

The project DöBra - the 2021 winner of KI Cultural Prize

Professor Carol Tishelman and her team receive the KI Culture Prize 2021 for their innovative work with the DöBra research program. In their research, they have shown an outstanding ability to combine art and science to raise and investigate questions about dying, death and grief. Carol Tishelman and her team have partnered with individuals - healthy as well as sick, relatives, caregivers, associations and other community groups and agencies and through interdisciplinary collaborations conducted conductive research on how culture, environment and conversation can support people to prepare for the end of life. Great emphasis has been placed on utilizing and disseminating research results, through exhibitions and interactive events in collaboration with museums and interest groups.