

## The 2026 WISE Retreat

# From Time Management to High Impact

**When:** 30<sup>th</sup> Nov 12:00 – 1<sup>st</sup> Dec 13:00

**Where:** Sångs-Säby Hotel & Conference, <https://www.sanga-saby.se/>

| Day    | Time        | Activity                                                                                                                                                                                                                                                                                                                                                                                                                    |
|--------|-------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 30 Nov | 10:30-11:30 | Bus from KI Solna and KI Flemingsberg to venue                                                                                                                                                                                                                                                                                                                                                                              |
|        | 11:30-13:00 | Welcome + Lunch                                                                                                                                                                                                                                                                                                                                                                                                             |
|        | 13:00-14:30 | Workshop: <i>Finish your academic work on time</i><br>Led by <b>Åsa Burman</b> : <a href="https://www.finishontime.org/">https://www.finishontime.org/</a>                                                                                                                                                                                                                                                                  |
|        | 14:30-15:30 | Structured networking on the theme of time management                                                                                                                                                                                                                                                                                                                                                                       |
|        | 15:30-16:00 | Fika                                                                                                                                                                                                                                                                                                                                                                                                                        |
|        | 16:00-17:00 | Grant panel: <i>The Insider's guide to funding</i><br><b>Malin Hedengran</b> , ALF and Region Stockholm Grants<br>Research strategist, Programme Office for Life Sciences and Smart Specialisation<br><br><b>Philip Malmgren</b> , KI's Pedagogical funding<br>Administrative Officer, KI<br><br><b>Helen Järsten Krut</b> , Donor Funding<br>Senior Development Officer<br>Research Support and External Relationships, KI |
|        | 17:00-18:00 | Structured networking                                                                                                                                                                                                                                                                                                                                                                                                       |
|        | 18:00-19:00 | Your own time. Walk, relax...                                                                                                                                                                                                                                                                                                                                                                                               |
|        | 19:00-21:00 | Dinner & mingle                                                                                                                                                                                                                                                                                                                                                                                                             |
| 1 Dec  | 07:00-08:30 | Breakfast                                                                                                                                                                                                                                                                                                                                                                                                                   |
|        | 08:30-10:00 | Workshop: <i>Resilience thinking and transformative leadership</i><br>Led by <b>Kristina Bähr</b> : <a href="https://kristinabahr.se/">https://kristinabahr.se/</a>                                                                                                                                                                                                                                                         |
|        | 10:00-10:30 | Fika                                                                                                                                                                                                                                                                                                                                                                                                                        |
|        | 10:30-11:30 | Discussion panel: Publishing from the inside for high impact                                                                                                                                                                                                                                                                                                                                                                |
|        | 11:30-13:00 | Lunch                                                                                                                                                                                                                                                                                                                                                                                                                       |
|        | 13:00-14:00 | Bus back to KI                                                                                                                                                                                                                                                                                                                                                                                                              |