

ARC 25 years' jubilee



A seminar December 1st to celebrate the 25th anniversary of Aging Research Center (ARC)

ARC's mission is to improve the health and wellbeing of older people by contributing to the understanding of the ageing process from a biomedical, psychological and sociological perspective in relation to life-long social and physical contexts.

Short facts:

ARC was established in 2000 through a collaboration between Karolinska Institutet (KI) and Stockholm University, as one of FAS/Forte's Centres of Excellence for Ageing Research, bringing together researchers from various disciplines.

ARC is a division at the Department of Neurobiology, Care Sciences and Society (NVS) at KI. It employs close to 50 senior and junior researchers and around 15 administrative and technical staff.

ARC provides a strong environment for educating future experts in ageing. In June 2025, the 100th dissertation was defended at ARC.

ARC runs several population-based studies and is coordinator of the national infrastructure NEAR, which brings together the 15 largest longitudinal databases of ageing and health in Sweden.

This year, we are celebrating 25 years as a thriving center.







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Date and time: Monday 1 December 2025, 13:00–17:00 **Venue:** Eva & Georg Klein, Biomedicum, Solnavägen 9, Solna

Programme

Moderator:	Kristina Johnell, Head of Department of Medical Epidemiology and Biostatistics (MEB) and Professor in geriatric pharmacoepidemiology at Karolinska Institutet
13:00-13:05	Welcome
13:05–13:15	ARC – an overview Erika Jonsson Laukka and Carin Lennartsson
13:15–13:45	"A historical exposé of ARC" Laura Fratiglioni
13:45–14:00	"The multidisciplinary aspects of ageing research" Johan Fritzell
14:00–14:15	"An early career perspective" Mariam Kirvalidze and Abigail Dove
14:15-14:20	Short break
	Summary of research achievements
14:20-15:00	"Exploring the paths to healthy longevity" Davide Vetrano
15:00-15:30	Coffee break
15:30–16:00	"Brain ageing" Grégoria Kalpouzos
16:00–16:30	"Health inequalities in old age" Stefan Fors
16:30–17:00	Closing remarks Erika Jonsson Laukka and Carin Lennartsson