




# ARC 25 years' jubilee



A seminar December 1<sup>st</sup> to celebrate the 25<sup>th</sup> anniversary of Aging Research Center (ARC)

ARC's mission is to improve the health and well-being of older people by contributing to the understanding of the ageing process from a biomedical, psychological and sociological perspective in relation to life-long social and physical contexts.

**Short facts:**

ARC was established in 2000 through a collaboration between Karolinska Institutet (KI) and Stockholm University, as one of FAS/Forte's Centres of Excellence for Ageing Research, bringing together researchers from various disciplines.

ARC is a division at the Department of Neurobiology, Care Sciences and Society (NVS) at KI. It employs close to 50 senior and junior researchers and around 15 administrative and technical staff.

ARC provides a strong environment for educating future experts in ageing. In June 2025, the 100th dissertation was defended at ARC.

ARC runs several population-based studies and is coordinator of the national infrastructure NEAR, which brings together the 15 largest longitudinal databases of ageing and health in Sweden.

This year, we are celebrating 25 years as a thriving center.



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**Date:** Monday December 1<sup>st</sup> 2025, 13:00–17:00

**Venue:** Eva & Georg Klein, Biomedicum, KI, Solnavägen 9, Solna

## Programme

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|-------------|---|
| 13:00–13:15 | ARC – an overview<br><i>Erika Jonsson Laukka and Carin Lennartsson</i>      |
| 13:15–13:45 | "A historical exposé of ARC"<br><i>Laura Fratiglioni</i>                    |
| 13:45–14:00 | "The multidisciplinary aspects of ageing research"<br><i>Johan Fritzell</i> |
| 14:00–14:15 | "An early career perspective"<br><i>Mariam Kirvalidze and Abigail Dove</i>  |
| 14:15–14:20 | Short break   |
|             | <b>Summary of research achievements</b>                                     |
| 14:20–15:00 | "Exploring the paths to healthy longevity"<br><i>Davide Vetrano</i>         |
| 15:00–15:30 | Coffee break  |
| 15:30–16:00 | "Brain ageing"<br><i>Grégoria Kalpouzos</i>                                 |
| 16:00–16:30 | "Health inequalities in old age"<br><i>Stefan Fors</i>                      |
| 16:30–17:00 | Closing remarks<br><i>Erika Jonsson Laukka and Carin Lennartsson</i>        |