

The World-Wide FINGERS Network Asia-Pacific Regional Meeting

June 7-8, 2025, Shandong Hotel, Jinan, Shandong, China

Hosts: Dr **Chengxuan Qiu**, Karolinska Institutet, Stockholm, Sweden; Prof **Yifeng Du**, Shandong Provincial Hospital, Jinan, Shandong, China

平行会场10：亚太地区 FINGER 研究新进展会场			
Venue: Weifang Hall, Shandong Hotel		Time: June 7, 2025 (Saturday, am)	
Time	Contents	Speaker	Affiliation
Chair: P Sachdev; C Qiu			
09:00-09:10	Welcome speech.	Chengxuan Qiu	Karolinska Institutet, Sweden & Shandong Provincial Hospital, China
Session-I: World-Wide FINGERS Projects in Australia and Malaysia			
09:10-09:30	Maintain Your Brain: An online trail to prevent cognitive decline and dementia.	Perminder Sachdev	University of New South Wales Australia
09:30-09:50	Using digital and telehealth platforms to deliver multidomain risk reduction in people with SCD and MCI.	Jessica Amos	University of New South Wales Australia
09:50-10:10	Updates from the Ageless Intervention Study.	Devinder Kaur AjitSingh&Nurul Hidayah Binti Md Fadzil	Universiti Kebangsaan Malaysia Malaysia
10:10-10:30	Panel discussion		
10:30-11:00	Conference Photos & Coffee/Tea break		
Chair: SH Choi; JH Jeong			
Session-II: World-Wide FINGERS Projects in Australia and Malaysia			
11:00-11:20	SUPERBRAIN-MEET: A randomized controlled trial.	So Young Moon	Ajou University School of Medicine, Republic of Korea
11:20-11:40	The impact of MIND-based dietary modification with or without SUPERBRAIN on older adults with MCI: A community daycare center-based RCT.	Yoo Kyung Park	Kyung Hee University, Republic of Korea
11:40-12:00	Translating FINGER into practice: a Korean digital therapeutic approach.	Hang-Rai Kim	ROWAN, Republic of Korea
12:00-12:20	Panel discussion		
12:30-13:30	Lunch		

平行会场9：亚太地区 FINGER 研究新进展会场

Venue: Weifang Hall, Shandong Hotel

Time: June 7, 2025 (Saturday, pm)

Time	Contents	Speaker	Affiliation
Chair: C Qiu; S Dekhtyar			
Session-III: World-Wide FINGERS Network and SINGER			
14:00-14:20	The World-Wide FINGERS Network in 2017-2025: an update (virtual).	Miia Kivipelto	Karolinska Institutet, Sweden
14:20-14:40	The World-Wide FINGERS Network Working Groups (virtual).	Francesca Mangialasche	Karolinska Institutet, Sweden
14:40-15:00	SINGER: The SINGapore GERiatric Intervention Study to Reduce Cognitive Decline and Physical Frailty.	Christopher Chen	National University of Singapore, Singapore
15:00-15:20	Panel discussion		
15:20-15:40 Coffee/Tea break			
Chair: C Qiu; Y Wang			
Session-IV: China-FINGERS Alliance (I)			
15:40-16:00	MIND-China 2018-2025: an update.	Chengxuan Qiu	Karolinska Institutet, Stockholm
16:00-16:20	The Heritage Study: Dementia Detection, Prevention and Management in the Digital Age: The Hangzhou Experience.	Xin Xu	Zhejiang University, China
16:20-16:40	A Multimodal Intervention to Improve Cognition in Community-dwelling Older Adults.	Juan Li	Institute of Psychology, Chinese Academy of Sciences, China
16:40-17:00	Panel discussion		
18:30-21:00	Conference dinner		

平行会场4：亚太地区 FINGER 研究新进展会场

Venue: Weifang Hall, Shandong Hotel Time: June 8, 2025 (Sunday, am)

Time	Contents	Speaker	Affiliation
Chair: Y Huang; C Qiu			
Session-V: Global epidemiology of dementia			
08:30-08:50	COSMIC: Transforming Global Epidemiology of Dementia through International Collaboration.	Perminder Sachdev	University of New South Wales, Australia
08:50-09:10	Cognitive reserve in aging: implications for dementia interventions.	Serhiy Dekhtyar	Karolinska Institutet, Sweden
09:10-09:30	Use of cardiovascular disease drugs and risk of dementia: A case-control study in Swedish national register data.	Mozhu Ding	Karolinska Institutet,Sweden
09:30-09:50	Epidemiology of dementia in China.	Yueqin Huang	Peking University, China
09:50-10:10	Panel discussion		
10:10-10:30	Coffee/Tea break		
Chair: Y Zeng; J Li			
Session-VI: China-FINGERS Alliance (II)			
10:30-10:50	CHINA-IN-MUDI: The China Initiative for Multi-Domain Intervention to Prevent Cognitive Decline.	Yan Zeng	Wuhan University of Science and Technology, China
10:50-11:10	Divergent association between obesity indices and cognitive impairment: The Hubei Memory and Aging Cohort Study.	Feifei Hu	Wuhan University of Science and Technology, China
11:10-11:30	Atherogenic index of plasma and cognitive impairment across APOE genotypes: The Hubei Memory and Aging Cohort Study.	Xinyan Xie	Wuhan University of Science and Technology, China
11:30-11:50	Panel discussion		
11:50-12:00	Concluding remarks.	Chengxuan Qiu	Karolinska Institutet, Sweden
12:00-13:30	Lunch		