

Department of Global Public Health

BIGH programme

The two half-day workshop will focus on Transcultural aspects in healthcare interactions, public health initiatives, and research.

Day 1: Tuesday, 13th May, 13:00 to 16:00

The objective of this session is to enhance understanding of how migration can influence clinical care encounters, while addressing the nuances of transcultural care within the Swedish healthcare system.

The workshop will address issues related to culture, trust, communication, the impact of migration on health, health literacy and interaction between healthcare providers and patients from diverse cultural backgrounds, including migrants. This might include managing biases, norms, expectations, and concerns—both your own and those of others. During the workshop, participants will be introduced to topics such as:

- Determinants of health during different phases of migration
- Rights to care
- The role of communication, health literacy and trust
- Culturally sensitive assessment and diagnostics

Practical tools, such as the DSM-5 Cultural Formulation Interview tool, for working with refugees and migrants in multicultural environments will also be covered.

This session will be led by Linnéa Soldén Lindström, RN, Joakim Lindqvist, MD and Jordanos Tewelde McDonald MPH/PhD student, all from the Transcultural Centre – a knowledge center in Migration, Health, and Transcultural Psychiatry within Region Stockholm.

Teaching Methods: The sessions will utilize a blend of lectures, practical examples, and collaborative group discussions to foster mutual learning. Participants will examine various concepts and analyze relevant cases. PhD students will also have the opportunity to explore these topics and link them to their own research projects.

Venue: Transcultural Centre, Torsplan, Solnavägen 1e, Floor 7, Room: Kastanj.

Day 2: Tuesday, 20th of May, 13:00 to 16:00

The objective of this session is to reflect on and explore strategies for engaging diverse populations with forced migration backgrounds in research. Participants will also delve into practical and ethical opportunities and challenges associated with research with this population. The focus will be on planning, recruitment strategies and data collection. In this context, as examples, participants will be introduced to two PhD research projects, with a focus on newly arrived migrants.

Project 1: Bridging Barriers to Mental Health Support for Newly Arrived Minors (TINA)

This project aims to improve access to first-line mental health services for newly arrived children and youth. Its objectives include facilitating care-seeking behaviors for mental health support, developing and evaluating culturally adapted methodologies and equipping practitioners with improved tools to support children and young people from diverse backgrounds.

Project 2: Exploring Sexual Health Needs of Young Male Refugees and Asylum Seekers

This project focuses on understanding the sexual health needs, and associated mental health aspects of young male Syrian, Afghan, and Eritrean refugees and asylum seekers in Region Stockholm. Based on the results from this project, we have together with the staff at the Transcultural center co-designed an educational intervention targeting refugee youth.

This session will be held led by Jordanos Tewelde McDonald and Karima Assel, both PhD student at GPH. Jordanos also work at the Transcultural Centre – a knowledge center in Migration, Health, and Transcultural psychiatry within Region Stockholm

Teaching Methods

The session will utilize a blend of a lecture, practical examples, and collaborative group discussions to foster mutual learning. PhD students will also have the opportunity to discuss practical and ethical aspects related to their own research projects.

Venue: Transcultural Centre, Torsplan, Solnavägen 1e, Floor 8, Room: Fläder.

Please register at the reception Floor 8.

Deadline for registration (for both days) is 6th of May.

Doctoral students participating in the workshop will get credits for their participation.

Please observe that the workshop will be on site.

If you have further questions, please contact: jordanos.tewelde@ki.se